

SATURDAY, JANUARY 25, 2025 PONDEROSA HIGH SCHOOL

TOURNAMENT INFO

LOCATION: PONDEROSA H.S. (3661 PONDEROSA RD, SHINGLE SPRINGS, CA 95682) ENTRANCE/REGISTRATION FEE: \$26 REGISTRATION FEE ON TRACK WRESTLING REGISTRATION: CLOSES ON WEDNESDAY JAN 22ND @ 9PM PST. ADMISSION FEE: \$10 FOR 12 & UP

VARSITY DIVISION

WEIGH-INS: VARSITY ONLY (SAT. 7-9AM AT PONDEROSA HS)
WRESTLING TIME: APPROX. 10AM-2PM
MATCHES: VARSITY CHAMPIONSHIP ROUNDS WILL BE

1.5 MINUTE PERIODS. VARSITY IS DOUBLE ELIMINATION
(0-2 WRESTLERS WILL HAVE A CHALLENGE MATCH
TO WRESTLE OTHER 0-2 WRESTLERS).

COACHES: YOU WILL BE EMAILED ON FRIDAY MORNING

THE FINAL POOLS & BRACKETS



GIRLS, JV & ELEMENTARY DIVISIONS

ALL WRESTLERS WILL BE GROUPED IN 1 OF 4 SESSIONS: (8-10AM, 10-12, 12-2 OR 2-4PM)
JV AND ELEMENTARY: POOLED WEIGHT CLASSES, NO WEIGH-INS (SCALE AVAILABLE IF NEEDED)
COACHES: YOU WILL BE EMAILED ON FRIDAY MORNING THE FINAL POOLS & BRACKETS
MATCHES: WE'LL TRY TO GET WRESTLERS 5 MATCHES IN POOLED DIVISIONS. WRESTLERS WILL
WRESTLE ALL MATCHES ON ONE MAT IN A 2-HOUR SESSION. WE'LL WRESTLE 1 MINUTE PERIODS.

ADDITIONAL INFO

COACHES MEETING: 7:45AM WRESTLING BEGINS: 8:00AM CONCESSIONS STAND: WILL BE OPEN ALL DAY COACHES' LUNCH: PROVIDED (10 OR MORE WRESTLERS REGISTERED) HEADGEAR: MANDATORY WRESTLERS WITH BRACES: MOUTHPIECES MANDATORY

CONTACT INFO

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