

## 2026 Sacramento Regional Tournament

**Location:** Kerr Middle School (8865 Elk Grove Blvd, Elk Grove, CA 95624)

**Registration fee:** \$30

Registration opens: Thursday Feb 5<sup>th</sup> – Trackwrestling.com

**Registration closes:** Wednesday, Feb 18<sup>th</sup>

**Admission:** \$10 for 12 & up

### Middle School Only

**Weigh ins:** Kerr Middle School

Thursday Feb 19<sup>th</sup> 4- 6:30 pm

Friday Feb 20<sup>th</sup> 4- 7pm

**Who:** All Sacramento Area middle school kids (6<sup>th</sup>-8<sup>th</sup>)

**Weight classes:**

Boys: (76-250lbs)

Girls pooled

**Awards:** Medals 1<sup>st</sup> – 6<sup>th</sup> (Bracketed weight classes), Top 4 MS teams.  
Place Points only. Highest finisher for Team scores.

Wrestling start time: 8:30

**Matches:** Championship Rounds 1.5 minute periods. Double elimination.  
Consolation 1,1,1.

**Headgear& Mouthpieces for braces:** Mandatory

**Contact info:** Brian Burns (740) 707- 4820; Nick Jordan (916)897-7034.

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